

The path of introspection
and renewal of your being.

This path is symbolized by the dragonfly, a creature of the wind that represents change. With its iridescent wings, sensitive to the breeze, it opens our consciousness; guiding us where the wind blows to welcome the changes in our life. The dragonfly has meanings of prosperity, love, success, victory, strength and courage. The lifestyle of the dragonfly symbolizes the virtue of living life in the moment and to the fullest.

Our commitment is to offer you unique and exceptional experiences during your visit. For this reason, we have taken extra measures. Thank you for your confidence.

WATER CEREMONY

An interlude of clarity and rebirth through water

Enhance each experience with the hydrotherapy ritual

Water is a source of life; it purifies, clarifies and revitalizes our being. It envelops us in warmth and freshness, and provides us with sensations ranging from caresses of drops to a powerful pressure massage. These are experiences that revitalize our body, mind and soul.

The Water Ceremony, or hydrotherapy, is a therapeutic process that treats the entire body with water at varying temperatures. It encompasses a hydrotherapy area with a co-ed section.

Water Ceremony

The Grand Velas Los Cabos Water Ceremony is composed of various water experiences:

1. Sauna
2. Steam with chromotherapy
3. Ice room
4. Sensory shower
5. Polar pool and jacuzzi
6. Thermal lounges
7. Sensation pool with:
 - Cascades
 - Bubble bed
 - Multisensory jets
 - Bubble geyser
 - Warm pool

RELAXATION AREA

Before you begin your Spa treatment, our Spa valet will take you to a comfortable lounging area for a few minutes of relaxation with a soft, warm seed pillow on your neck.

GOURMET DETAILS

Enjoy various flavors of fruit-infused waters to refresh your palate during the Water Ceremony, as well as dried fruit and nuts.





CEREMONIES OF MEXICO

A fusion of flavors, aromas and the restorative touch of our healers

BLUE AGAVE CANDLE MASSAGE Signature

80 min

Blue agave is the plant from which our tequila is made. Experience the warm sensation of organic wax, providing serenity of body and mind, and enjoy the excellent therapeutic, anti-inflammatory, restorative and moisturizing benefits of blue agave during a subtle, gentle-pressure massage. Select the aroma of your choice: Dream, Joy, Energy, Tension Relief or Agave.

BLUE AGAVE BODY EXFOLIATION

50 min

Eliminates dead cells, revitalizes, softens and prepares the skin to receive the benefits of a deep hydration using certified organic blue agave extract.

TEQUILA CREAM MASSAGE Signature

80 min

Experience the flavor and aroma of Mexico during a unique energizing massage, bringing wellbeing to your body, and ending with a light massage with tequila to relax your muscles.

ANCESTRAL STONE MASSAGE

80 min

An ancient therapy that utilizes therapeutic minerals, highly prized by the Pre-Hispanic cultures of Mexico. The heat of the stones relieves the most fatigued and tense areas of the body, in addition to balancing the energy of the chakras.

XOCOLATL Gourmet

80 min

Embrace the indigenous spirit through a fusion of scents and flavors with anti-depressant and energetic effects. The treatment begins with a stimulating natural coffee exfoliation, followed by a chocolate body mask. Your face will also be pampered by a facial with chocolate mask, which improves your mood by releasing endorphins.

HEALING SAMUNPRAI MASSAGE

80 min

Integral treatment that fuses relaxation and detoxification of body and soul. Take a moment to heal your body with this exclusive treatment based on hot herbal compresses, enjoy a relaxing massage that decongests your respiratory system providing muscle relaxation, ending with an aromatic herbal massage on your face.





CEREMONIES OF LIGHT

Facials

The face is the mirror to the soul; discover your essence and your light

ORGANIC BLUE AGAVE FACIAL Signature

50 min

Illuminates, revitalizes, smooths, calms, mattifies and hydrates the skin with certified organic blue agave extract, returning natural brightness. The benefits of nature and its 100% organic components provide perfect hydration and protection against the signs of aging and pollution.

SENSORIAL VITAMIN C FACIAL Gourmet

80 min

A treatment with a concentration of vitamin C, which provides the skin with elasticity and promotes cellular regeneration. Includes four important phases: cleansing, deep vitamin C treatment, citrus mask and rehydrating serum; leaving your skin renewed, luminous and deeply hydrated. The citrus essence helps to diminish dark spots, brighten the complexion and stimulate the production of active collagen, which renews tightness and elasticity.

OXYGENATING EXCEL FACIAL

50 min / 80 min

An exclusive formula with innovative high-technology actives that allow for the prolonged release of oxygen to the skin, using a solid hydrogel mask and a ritual that causes changes in temperature to tighten pores, fix imperfections and restore the natural functions of the epidermis.

PURE EXPERT PURIFYING FACIAL

80 min

A deep cleansing facial focused on detoxification, which includes efficient extraction. Ideal for oily or combination skin. A descaling clay mask is applied, leaving the skin with a matte finish. Refreshes, repairs and restores.

SKIN CARE FOR MEN

80 min

A treatment designed specifically for gentlemen, which aids in the elimination of toxins and strengthens the defenses against pollution, stress and free radicals. Combats dryness, the apparition of wrinkles and signs of premature aging, giving the cutis a fresh, smooth appearance. Complement this treatment with a Shi-Zen-Detox facial massage.

ANTI-AGING 3D LIFTING FACIAL Signature

80 min

A sophisticated cosmetic alternative to surgeries and micro-injections, which immediately impedes the formation of wrinkles and cutaneous signs of aging; a natural substitute for Botox and laser treatments. The treatment is an inhibitor of cutaneous facial contractions, using ingredients that provide the skin with volume, filling wrinkles from the inside out, in combination with an innovative frozen alginate mask which tones the skin.

THE CURE PURIFYING

80 min

A meticulous deep cleansing facial using enzymatic thermoactive detoxification. Includes an efficient extraction technique with glycolic acid. Recommended for skin that is dehydrated and damaged by external factors. This detoxifying cure concludes with a veil of hydration and maximum protection that will illuminate your face and give it a smooth, fresh appearance.

ANTI-AGING DIAMOND EXPERIENCE

80 min

A true multi-sensorial experience with amazing rejuvenating effects from a combination of efficient active ingredients that unite the best techniques for obtaining immediate, long-lasting firming effects. You will receive a remolding of the facial oval and impressive reduction of expression lines. Your skin's texture will improve as it recovers its hydration, liberating you from any signs of fatigue.



SAND, SUN AND SEA CEREMONIES

Body treatments

To connect with the earth, sky and water is the most transformative interlude

CITRUS BODY WRAP

80 min

Renewing and rehydrating body treatment using vitamin C concentrate. Your skin will receive a smooth exfoliation with citrus aroma, purifying and cleansing it to absorb the nutrients of a mask. The treatment concludes with the application of C+C body cream, providing it with rejuvenating, antioxidant and firming powers.

AGAVE AFTER-SUN TREATMENT

80 min

The sacred blue agave plant is known for its great life-regenerating power. With its fresh, smooth texture, this treatment is recommended for skin damaged by the sun; provides deep hydration, prolongs bronzing and helps avoid peeling.







CEREMONIES OF WELLBEING

Massages

An immersion in wellbeing, with the restorative touch of healing hands.

PERSONALIZED THERAPEUTIC MASSAGE

80 min

Personalize your massage by selecting different techniques, movements and areas of the body according to your needs and preferences, such as: lymphatic drainage, reflexology, stretching and acupressure, to achieve total wellbeing. Your body artisan will help to apply the appropriate techniques for your needs.

AROMATHERAPY MASSAGE

80 min

Aromatherapy is the art of restoring wellbeing to the body and mind using essential oils, which are used to balance each energetic center. The essences are absorbed rapidly through the skin or respiratory system, acting upon various systems.

INSANITY MASSAGE

50 min / 80 min

Extreme massage for athletes and players who desire a deep technique to help de-contract and release muscular tension in areas of tightness. The focus of this practice is improving circulation and the range of mobility of tendons, ligaments and muscles. Recommended for after your personal training.

HERBAL HEAD AND FOOT MASSAGE

80 min

Harmonizing therapy with warm herbal compresses that stimulate reflexive points on the head and feet, which correspond to nerve endings of vital organs (heart, eyes, lungs, etc.) Its activating action exerts a therapeutic effect on the body.

MATERNAL CARESS

80 min

An unforgettable experience that creates a sublime energetic connection with your baby. Relieves heaviness of the legs, hips and womb and increases the elasticity of the skin through the application of natural balms and essential oils. Perfect for future mothers during the 4th to 7th month of pregnancy.

GRAND VELAS CEREMONIES

Interludes that enliven our senses and create memories

RENOVATION RITUAL

200 min

Discover your inner light and beauty with a 3D lifting facial, before visiting our beauty salon for a relaxing Velas manicure and pedicure.

ORGANIC AGAVE RITUAL

130 min

A treatment with Pre-Hispanic roots that helps to purify and renew the skin with a blue agave exfoliation, which exerts an integral action on your immune system. Continue with an antioxidant mask followed by a relaxing Organic Blue Agave Facial.

CITRUS RITUAL

130 min

Begin with an aromatic citrus exfoliation. Feel the embrace of an orange mousse wrap that will leave your skin silky-smooth. Finish the journey with a highly hydrating and antioxidant facial (Wellness Suites).



YAAKUNAH CEREMONIES

Love ceremonies for two

A path of love and transformation; the preparation that awakens the magic of the union of two souls

YAAKUNAH RITUAL

80 min

Share a moment of magic with your partner as you enjoy an aroma-therapeutic massage and express facial.

MEETING OF TWO SOULS RITUAL

110 min

Aromatherapy massage in a suite with heated pool. The effect of the aromatherapy stimulates emotional and mental energy, helping to improve your connection as a couple. After the massage, enjoy 30 minutes of relaxation and privacy with mimosas and seasonal fruit.

MASSAGE ADD-ONS

- Body scrub 30 min
- Back massage 30 min
- Scalp massage 30 min
- Refreshing facial..... 30 min
- Tired feet massage 30 min

WEDDINGS

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THE UNION OF TWO SOULS ON THE PATH TO INFINITE LOVE

FOR HER

Thermae Ceremony for Brides Signature

130 min

A treatment that envelops you from head to toe. Provides a silky sensation that illuminates the skin and hair with all the properties of thermal waters. Includes exfoliation, mask for the head and body, and concludes with a facial.

FOR HIM

Grand Velas Barbershop Ceremony Signature

100 min

Facial treatment to trim or shave his beard, accompanied by a Luminous Blue Agave Facial, complemented by a relaxing head massage.

BRIDAL RITUALS

Makeup

Beautiful Bride Makeup
Beautiful Bride Makeup with trial

Hair

Beautiful Bride Hair
Beautiful Bride Hair with trial

Hair & Makeup

Beautiful Bride Hair & Makeup Ritual
Beautiful Bride Hair & Makeup Ritual with trial

SE GRAND VELAS CEREMONY

Signature

Design your own program for this important day, according to your needs, wishes and desires.

BARBER CARE STUDIO

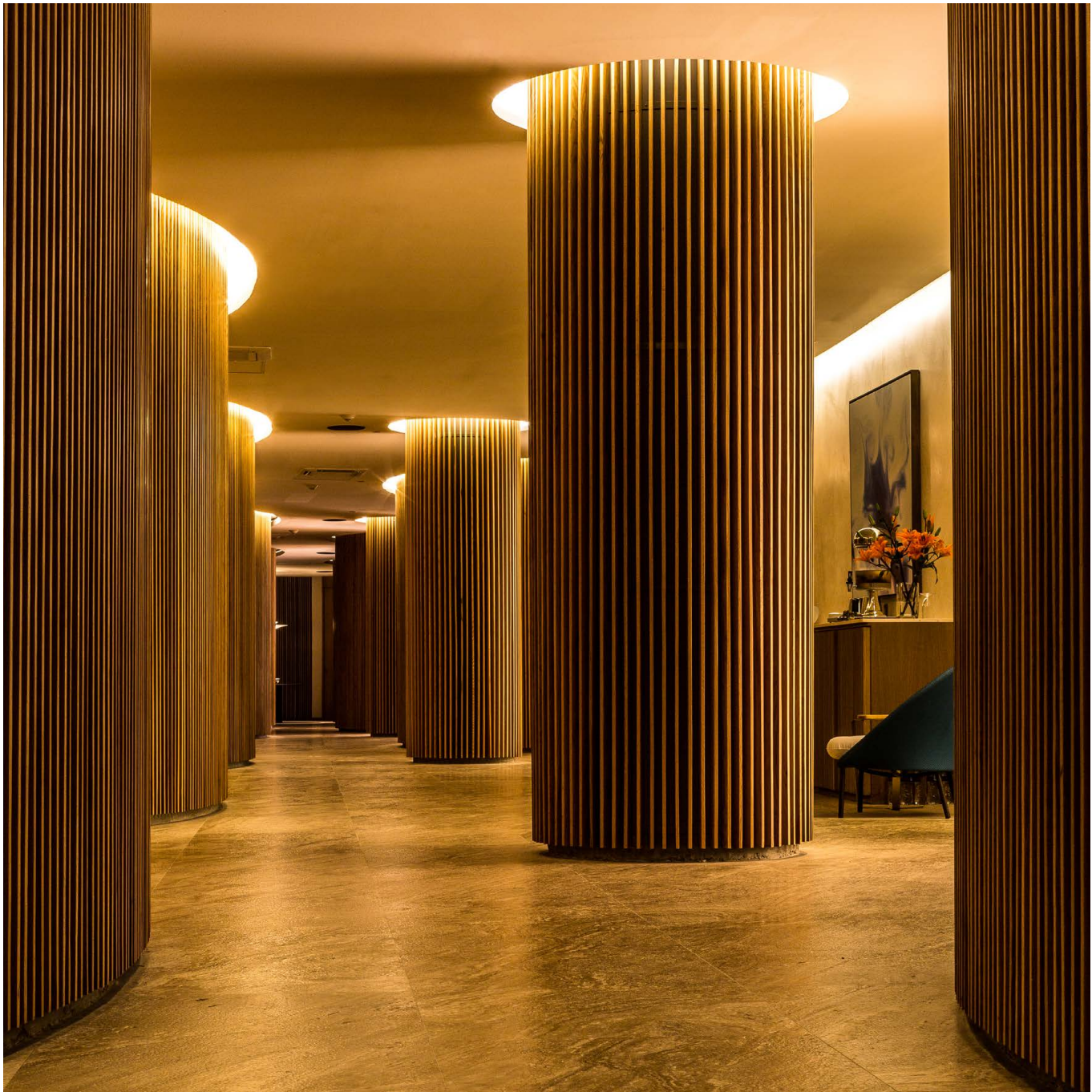
Signature

Masculine beauty is unique – allow yourself to be pampered, your way!

ALPHA MALE CEREMONY

150 min

A classic shave with a straight razor that includes a facial treatment, haircut with scalp massage and the exclusive gourmet details of the Grand Velas Brand.



BEAUTY SALON

Beauty begins with care and attention given to our hands, feet and hair.

GRAND VELAS MANICURE

50 min

Your hands deserve a beautiful, natural appearance. Soften and hydrate them with an intensive treatment that begins with an exfoliation to eliminate dead cells and continues with a manicure and the application of a nourishing, comforting cream that will leave them truly beautiful (includes classic polish).

GRAND VELAS PEDICURE

60 min

A comforting experience that will revitalize and relax your feet. Begins with an exfoliation to remove dry skin, followed by a refreshing mask. Finishes with a complete pedicure (includes classic polish).

MANI & PEDI DELUXE

120 min

This exclusive treatment includes exfoliation, manicure, pedicure, relaxing hand and foot massage, paraffin treatment and application of polish.

HAIR TREATMENT

50 min

Beautiful skin looks even better with healthy hair. To begin the process, you will receive an analysis of your hair, followed by a soothing scalp massage and a hair mask to balance, hydrate and return softness and desired shine (product is applied according to your diagnosis).

HAIR CARE FOR WOMEN

- Shampoo and haircut
- Shampoo and blow-dry
- Shampoo and trim
- Elegant hairstyle
- Casual hairstyle
- Braids

MAKEUP

- Simple makeup
- Makeup for event (includes eyelashes)
- Eye makeup only

WAXING

- | | |
|---------------------|-------------------|
| • Half arm | • Full leg |
| • Underarm | • Half leg |
| • Face | • Bikini |
| • Lip or eyebrow | • Bikini and legs |
| • Chin or sideburns | • Full arm |
| • Back or chest | |

SPA ATELIER

Signature

Unique in its concept, our Spa Atelier offers a range of workshops to help you open your consciousness and knowledge of the Wellness world. Enjoy interesting courses on skincare, nutrition and aromatherapy; preparation of fruit-infused waters and tea rituals; workshops for children, couples and women, and mandala workshops, among many other options that provide you with a deeper dimension of wellbeing.



SE SPA GUIDE

What are the service hours?

The Spa is open from 8:00 a.m. to 8:00 p.m., 7 days a week. We recommend scheduling in advance, as appointments are subject to availability. The gym is open from 7:00 a.m. to 9:00 p.m.

Where can I make my Spa reservations?

For reservations, please call extensions 7401 or 7402, or send an email to reservacionesspalc@velasresorts.com.

What if I have a health issue?

If you have any health-related concerns, please advise the Spa Concierge before reserving your treatments. All guests must fill out a medical questionnaire prior to treatment.

Where should I leave my jewelry and valuables?

These should be kept in the safe in your suite. The Spa is not responsible for lost jewelry or items of value. If you forget to remove your jewelry, we recommend keeping it in the locker assigned to you during your stay at the Spa.

How early should I arrive for my treatments?

We ask that you kindly arrive 60 minutes before your appointment if you would like to enjoy the Water Ceremony, or at least 20 minutes early to allow you time to change and complete the medical forms.

What if I am late for my appointment?

By arriving late, you are limiting the time available for your treatment, meaning we cannot guarantee the enjoyment of the complete experience.

Are there any particular suggestions I should consider?

Eating immediately before a Spa treatment is not recommended; do not shave or wax your legs before a body exfoliation, and avoid sunburn. We recommend wearing a bathing suit and sandals in the hydrotherapy areas.

Which rules should I follow?

To enjoy the Spa experience, please avoid: smoking, entering with food, arriving for a treatment under the influence of alcohol or drugs, walking barefoot, or using a cellular phone. Entrance to the Spa is limited to guests age 16 and older.

How should I pay for my Spa services?

If you are a guest of the resort and have registered a credit card with the reception desk, you may charge your treatments to your suite account or pay directly in the Spa. External clients must pay for their treatments with cash or credit card directly in the Spa. We accept the following credit cards: VISA, Mastercard, and American Express.

What is the cancellation policy?

If the appointment is canceled less than 6 hours before the scheduled time, a 50% charge for the service applies. If you do not attend your appointment, 100% charge for the service applies. If you wish to reschedule or cancel your appointment without penalty, we recommend doing so at least 8 hours before the scheduled time.

Do you have gift certificates?

Yes! What better gift than a memorable experience at SE Spa? Select your favorite treatment or a product from the boutique.

Can I receive treatments in my suite?

To enjoy a treatment in the comfort of your suite, a 24-hour advance reservation is required. Available from 10:00 a.m. to 6:00 p.m. (Available from August to November only).

Discounts and promotions cannot be combined.



